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பேராதனைப் பல்கலைக்கழகம்
UNIVERSITY OF PERADENIYA



දුරස්ථ හා අඛණ්ඩ අධ්‍යාපන කේන්ද්‍රය
தொடர் தொலைக் கல்வி நிலையம்
CENTRE FOR DISTANCE AND CONTINUING EDUCATION

ශාස්ත්‍රවේදී උපාධි පරීක්ෂණය (බාහිර - නව නිර්දේශය) - 200 මට්ටම -2020
පෙබරවාරි

பொதுக்கலைத் தேர்வு (வெளிவாரி-புதிய பாடத்திட்டம்) -200வது மட்டம் -
பெப்ரவரி 2020

BACHELOR OF ARTS (EXTERNAL - NEW SYLLABUS) DEGREE - 200 LEVEL
EXAMINATION - FEBRUARY 2020

Buddhist Psychology (SUPE 205) බෞද්ධ මනෝවිද්‍යාව

The total number of questions in this paper is 10
Answer any 05 questions only.
Time allowed: Three (03) Hours
(Candidate will be penalized for eligible hand writing)

1. Examine the instinctive nature of mind with reference to the Early Buddhist explanations.
2. Explain the way in which the *Yonisomanasikara* (wise attention) can be utilized to examine internal experiences which is an objective of psychology.
3. "Fourfold truth is a teaching of a psychological basis." Enquire with reference to the Early Buddhist Teachings.
4. Introduce the Buddhist techniques can be utilized for psychotherapeutic techniques.
5. Make an investigation on the aid of description of the *Citta* (mind) and the *Cetasika* (mental Concomitants) in *Abhidhamma* in analyzing mind.
6. Illustrate the manner of utilizing the *Mettabhavana* (meditation of loving-kindness) as a psychological treatment.
7. Evaluate the importance of Buddhist socio-psychological teachings paying attention on contemporary society.
8. Clarify the way of controlling emotions by exercising *Trisiksa* (Threefold training).
9. "Schizophrenia can be identified as a development of unwholesome factors such as greediness, hatred and ignorance". Enquire to what extent the conclusion is correct.
10. Introduce the fundamentals can be obtained from the modes of preaching of the Buddha for the development of Education Psychology.

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